

## Student Support & Resources at RVCC:

### Tutor Request, Remote Tutoring and Zoom Assistance:

Rebecca Clark

Email: [rmclark@ccsnh.edu](mailto:rmclark@ccsnh.edu)

Cell: 603.892.8596

### SIS and Email Assistance:

Rebecca Clark

Email: [rmclark@ccsnh.edu](mailto:rmclark@ccsnh.edu)

Cell: 603.892.8596

### Not sure what your Easy Log-In credentials are or lost your pin?

Complete a help desk ticket – [RVCCITsupport@ccsnh.edu](mailto:RVCCITsupport@ccsnh.edu)

### Canvas Assistance:

Nickole Milo

Email: [nmilo@ccsnh.edu](mailto:nmilo@ccsnh.edu)

Cell: 603.892.8572

### Disability Services:

Cathy Driesch

Email: [cdriesch@ccsnh.edu](mailto:cdriesch@ccsnh.edu)

Cell: 603.892.8639

### Advising Assistance:

Nickole Milo

Email: [nmilo@ccsnh.edu](mailto:nmilo@ccsnh.edu)

Cell: 603.892.8572

Elizabeth Guimond

Email: [eguimond@ccsnh.edu](mailto:eguimond@ccsnh.edu)

Cell: 603.892.8586

Morgan Sailer

Email: [msailer@ccsnh.edu](mailto:msailer@ccsnh.edu)

### Library Resources:

Jim Allen

Email: [jallen@ccsnh.edu](mailto:jallen@ccsnh.edu)

Cell: 603.892.8619

### Bookstore:

Tel: 603-543-0915

**Financial Aid:**

Julia Dower

Email: [jdower@ccsnh.edu](mailto:jdower@ccsnh.edu)

Cell: 603.892.8630

Jean Dale

Email: [jdale@ccsnh.edu](mailto:jdale@ccsnh.edu)

Cell: 603.892.8635

**Work Study**

Jean Dale

Email: [jdale@ccsnh.edu](mailto:jdale@ccsnh.edu)

Cell: 603.892.8635

**Scholarship Information and Resources:**

Award Spring: <https://ccsnh.awardspring.com/>

Visit [www.rivervalley.edu](http://www.rivervalley.edu) to explore other opportunities and scholarships

**Career Services:**

Morgan Sailer

Email: [msailer@ccsnh.edu](mailto:msailer@ccsnh.edu)

Employment and Internship Opportunities: <https://rivervalley.emsicc.com/>

**Transfer Services:**

Morgan Sailer

Email: [msailer@ccsnh.edu](mailto:msailer@ccsnh.edu)

Elizabeth Guimond

Email: [eguimond@ccsnh.edu](mailto:eguimond@ccsnh.edu)

Cell: 603.892.8586

## Student Support & Resources in our Community:

**Food**

RVCC's NH Food Bank shelves will be available during open campus hours.

For more information contact Jim Allen, [jallen@ccsnh.edu](mailto:jallen@ccsnh.edu)

To search for food resources in your community call 211 or visit [211nh.org](http://211nh.org)>>search>>food

**Child Care**

1. Access to an emergency child care telephone line is available at Child Care Aware of NH. Website link and contact information is under construction.
2. Child Care Aware of NH is in the process of constructing a Website link to a list of current and potential child care providers where families can post their child care needs.

3. Families have ongoing access to the regular resource and referral services to all families (available at <http://nh.childcareaware.org/>)

### **Managing Stress & Anxiety:**

Dealing with anxiety during a pandemic

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

Coping during quarantine:

<https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/covid-19-lockdown-guide-how-manage-anxiety-and>

How to talk to your kids about COVID-19

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

### **Turning Points Network**

24 hour Crisis Support Line – 1800-639-3130.

[info@turningpointsnetwork.org](mailto:info@turningpointsnetwork.org)

### **Unemployment:**

New Hampshire- [www.nhes.nh.gov](http://www.nhes.nh.gov)

Vermont- [www.labor.vt.gov](http://www.labor.vt.gov)

### **Information about COVID-19:**

**211:** Search information regarding COVID-19 and other helpful community resources

[www.211nh.org](http://www.211nh.org) or [www.vermont211.org](http://www.vermont211.org)

**New Hampshire Department of Health and Human Services:** [www.nh.gov/covid19/](http://www.nh.gov/covid19/)

**CDC:** [www.cdc.gov/coronavirus/2019-ncov/](http://www.cdc.gov/coronavirus/2019-ncov/)

### **Claremont COVID-19 Testing:**

Valley Regional Healthcare: COVID-19 Hotline: 603-542-7850 Hours: Monday-Friday 8AM-7PM, Saturday & Sunday 8AM-4:30PM

Keady Family Practice: 214 Washington Street 603-863-7777

### **Keene COVID-19 Testing:**

Contact your primary care provider. If you do not have a primary care provider, please contact 211

ConvenientMD: 351 Winchester Street, 603-352-3406